

# Leadership through Rowing



**Why Traditional Rowing?** Rowing is the ultimate team sport - in order to succeed you need a crew who know exactly what the Team Goals are and each individual's role in delivering those Goals.

Team members have to understand the mutual dependencies that exist, communicate well, trust one another and be skilled and competent to deliver their own part to the success of the whole.

Every rowing team is reliant on good timing; effort; cohesion and the effectiveness that comes from training and working together; executing their part with complete commitment. Winning **only** comes with everyone working together for the same goal. If that sounds like a recipe for a successful business team as well, you may be right...

Rowing therefore offers a unique way to improve leadership and team dynamics in the workplace. As well as complementing corporate strategy and planning sessions, it builds motivated staff, improves role definitions and the benefits team working towards shared success - and is a lot of fun!

Traditional rowing boats are safe and easy to use and the mix of classroom debate, examples, theory and practical activity provides an effective and enjoyable learning experience that bonds teams together like no other.

Candidates enjoy the pleasure of learning new things about themselves and their teams in a friendly and supportive environment.

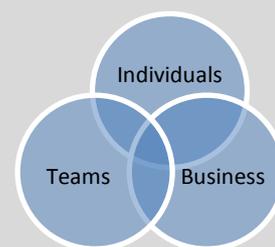


**Why Langstone?** The location of The Langstone Hotel and Langstone Adventure Rowing is easy to find. We have a luxury Hotel and Leisure Centre with access to miles of sheltered water on Chichester Harbour, an Area of Outstanding Natural Beauty, rich with wildlife - where you may see a seal. To find out where we are visit [www.langstonerowing.co.uk](http://www.langstonerowing.co.uk).



Gigs racing off the Langstone Hotel

## Team Building, Corporate Programmes and Management Development:



Langstone Adventure Rowing 'Leadership through Rowing' Programmes are designed to work with organisations in order to:

- Engage 'Individuals' in understanding Business Goals and Plans;
- Engage Teams in understanding the critical aspects of working together to achieving Business goals;
- Practice working in teams in an activity that is safe and all can enjoy;
- Align the learning from rowing in teams to working in teams.

The resulting Goal Directed Plans are owned by the teams that created them leading to success. Aligning working practices and helping each other to learn and grow



**Building skills | Building Teams | Building success**